Welcome to Ekam Wholistic Healing!

We are committed to providing you with the highest quality of care and support on your journey towards well-being. Please take a moment to read through the following information, which outlines our therapy agreement and important details about our services.

1. I am bound by the Codes of Ethics and Practice of the (*AHA, ACA or PACFA*).

2. Subject to me being satisfied that your problem is one that can be alleviated by Hypnosis, NLP, EFT, CBT, Mindfulness or easter Yogi practices. I agree to offer you the number of sessions required that you feel are necessary and we will discuss this as we proceed. This is my commitment to you. You are not contracted to any specific number of sessions**.**

3. The normal duration of each session is one hour (60 mins), although I reserve the right to amend that time for therapeutic reasons. If for any reason you are late for a session, I will see you for the duration of the remainder but will be unable to work beyond the allotted time as this will disrupt the other clients who may be waiting.

4. Emergencies and sudden events can happen. If you need to cancel your appointment with less than 24 hours' notice or if there is a repeat pattern of cancellations, I reserve the right to charge the full session fee. Exceptions may be made at my discretion.

5. The cost for each session is $____. Half of the session fee is required prior to the session, and the remaining half can be paid prior to the session. Payments can be made via cash or Direct Deposit.

6. As part of my code(s) of practice I am required to carry out continuing professional development, and to engage in regular on-going clinical supervision. This is to ensure an ethical and professional service to clients. I may discuss your case in supervision but would not use any identifying details.

7. If I wish to record a session, I will ask for your consent beforehand.

8. Confidentiality will be maintained within the codes of ethics and legal requirements. Confidentiality does not apply where it would mean that I, as your therapist, might break the law or where withholding information means I would breach the codes of ethics. Confidentiality may be breached if I consider there is a risk you may harm yourself or others. In such exceptional circumstances, where there is concern for your wellbeing or that of others, it may be necessary to seek help outside the therapeutic relationship.

9. Our therapeutic relationship will always remain professional.

10. I will only conduct sessions for which I am trained and qualified. If I believe you may benefit from additional support or modalities where I do not hold relevant qualification and training, I will ask permission to refer you to another qualified practitioner.

11. Notes will be taken during and after each session, which will be kept in accordance with my Association requirements. These notes will be securely stored. They are disclosed to no one unless required under a court of law subpoena. You have the right to inspect your records should you so wish, and this request will be fulfilled during a therapy session.

12. If agreed payments for therapy are not paid, I reserve the right to terminate therapy. Please note any threats or acts of violence will invalidate this agreement and therapy will cease. Sessions will not take place if you arrive under the influence of alcohol or non-prescribed medication.

13. You will be notified of any holidays to be taken by myself well in advance. However, there may also be occasions when sessions may be cancelled because of illness or because of attending training sessions or meetings. I will try to give you as much notice as possible of any cancellation and will offer an alternative time. Therefore, please notify any change in contact details.

14. In the event of you being unhappy with the service you receive, please discuss this with me. If you feel unable to do so or do not receive satisfactory resolution, then you have the right to complain to my professional body; The Australian Hypnotherapy Association.